

Programme Specification

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Please check the Programme Directory for the most up to date version:

[UG Programme Directory](#)

[PG Programme Directory](#)

Section 1 – regulatory details		
1.1	Awarding body	Wrexham University
1.2	Teaching institution	Wrexham University
1.3	Final award and programme title (Welsh and English)	BSc (Anrh) Maeth a Dieteteg BSc (Hons) Nutrition and Dietetics
1.4	Exit awards and titles	• Cert HE Nutrition Science • Dip HE Nutrition Science • BSc (Hons) Nutrition Science • BSc (Hons) Nutrition and Dietetics
1.5	Credit requirements	Successful completion of 120 credits at Level 4 entitles the student to the exit award of Certificate of Higher Education in Nutrition Science. Successful completion of 240 credits at Level 5 entitles the student to a Diploma of Higher Education in Nutrition Science. Successful completion of 360 credits at Level 6 but <i>without</i> the placement modules, entitles the student to a Bachelor's degree with Honours in Nutrition Science. <u>Students who exit at the above points are not eligible to register with HCPC or practice as dietitians.</u> Successful completion of 360 credits at Level 6 and all the placement modules, entitles the student to a Bachelor's degree with Honours in Nutrition and Dietetics.
1.6	Intake points	September
1.7	Mode of study	Full time
1.8	Length of delivery	Three years
1.9	Location of delivery	Plas Coch Campus, Wrexham
1.10	Language of delivery	English
1.11	Faculty	Faculty of Social and Life Sciences (FSLs)
1.12	Subject area	Allied Health
1.13	HECoS Code	CAH02-06-02 (Nutrition and Dietetics) 100744 (Dietetics)
1.14	Suitable for applicants requiring a student visa?	No
1.15	Is DBS check required on entry?	Yes. All applicants successful in being offered a place on the programmes will be subject to a satisfactory DBS clearance undertaken by Wrexham University. • Enhanced Check and Child Barred List • Enhanced Check and Adult Workforce Barred List

Section 1 – regulatory details		
1.16	Professional, Statutory or Regulatory Body (PSRB) accreditation	Upon completion of the full 360 credits and practice placement modules, to obtain the BSc (Hons) Nutrition and Dietetics, students will be able to apply for admission to the Health and Care Professions Council (HCPC) register. It is a legal requirement that anyone intending to practice using a title protected by the Health and Social Work Professions Order 2001 is on the HCPC register. Please see the HCPC website for further information; www.hcpc-uk.org. Students who do not complete the BSc (Hons) approved programme will not be eligible to apply to the HCPC register and cannot practice as a Dietitian. British Dietetics Association (BDA) - Provisional accreditation confirmed 18th October 2022. Upon registration with the HCPC, graduates will also be eligible to apply for full membership with the British Dietetic Association (BDA). All 360 credits, in addition to the minimum 1000 practice placement hours, for the BSc (Hons) Nutrition and Dietetics must be successfully completed to receive accreditation.
1.17	Welsh Medium Provision	The programmes will be delivered through the medium of English. Students are entitled to submit assessments in the medium of Welsh.
1.18	External reference points	Higher Education Credit Framework CQFW QAA Subject Benchmark Statement: BSc Dietetics (2019) Other relevant documents: HCPC Standards of Education and Training (2017) HCPC Standards of Conduct, Performance and Ethics (2016) HCPC Guidance on Conduct and Ethics for Students (2016) HCPC Standards of Proficiency – Dietitians (2013) HCPC Standards of Continuing Professional Development (2018) British Dietetic Association (BDA) Curriculum Framework for the Pre-registration Education and Training of Dietitians (2020) British Dietetic Association (BDA) Code of Conduct (2017) Hickson, M. (2018). Future Dietitian 2025: Informing the Development of a Workforce Strategy for Dietetics. <i>Journal of Human Nutrition and Dietetics</i>, 31(1): 23-32. Welsh Government (2019). A Healthier Wales: Our Plan for Health and Social Care. Welsh Government (2018). Allied Health Professions Framework for Wales: Looking Forward Together. Welsh Government (2015). Wellbeing of Future Generations (Wales) Act.
1.19	Derogation to Academic Regulations	Failure may not be compensated in light of overall performance at a level. A minimum pass mark of 40% must be achieved in all modules.

Section 1 – regulatory details		
		- A minimum of 40% in each assessed element must be achieved in all modules therefore condonement is not permitted. - Students will only be permitted one reassessment attempt in the Practice placement modules NAD407, NAD507 and NAD604. Students should usually be allowed to extend or repeat not more than 500 hours of practice-based learning. - A student can only progress to the next level of study if 120 credits at the previous level have been passed (derogation from regulations may apply). However, a student may commence study at the next level trailing 20 credits at the lower level provided that: 100 credits at that level have been passed - All prerequisite modules have been passed. A student trailing credits must pass the module at a subsequent occasion to satisfy the requirements of the award. A student may trail 20 credits only into the next level of study and must pass the 20 credits by the end of that level of study, in order to proceed further. DBA PSRB Derogations as listed on Derogation Register.
1.20	Foundation Year route	No
1.21	Placement / Work based learning	Clinical / Practice Placement – a placement in a clinical or practice setting, embedded within the programme, which must be completed for students to achieve the intended award.
1.22	Length and level of the placement	Level 4 Module: NAD407 Practice Placement 1 (Semester 1 and 2) The placement experience will involve a more varied array of opportunity at level 4, where students will have the opportunity to experience work within NHS and non-NHS settings such as catering, schools, health-clubs, private health companies, sports clubs (as available and appropriate). Level 5 Module: NAD507 Practice Placement 2 (Semester 1 and 2) Placements at level 5 will amount to a total of 80 hours skills-based and 320 hours of clinical NHS placement during the academic year. Level 6 Module: NAD604 Practice Placement 3 (Semester 2) At level 6, the placement will centre on developing clinical competency through structured placement activities – progressing to practice of all skills required to become a dietitian. T These placements will take place in approved NHS dietetic departments located in mid to north Wales.
1.23	Collaborative arrangement	N/A

Section 2 – programme details

2.1 Aims of the programme

The core aims of the programme directly reflect those specified in the British Dietetic Association's Curriculum Framework (2020):

- Develop dietitians who are competent, autonomous, safe and compassionate practitioners who utilise the current state of knowledge to provide outstanding, holistic, person-centred care and support within the legal and ethical frameworks of the profession.
- Produce dietitians who improve the nutritional health and wellbeing goals of individuals, groups and populations, in a holistic manner, with due consideration given to planetary health and environmental sustainability.
- Produce professionally-agile dietitians who adapt and innovate towards ever changing environments and demands.
- Educate and inspire future dietitians to lead in all spheres of personal, public and political nutrition, thereby increasing the reach of evidenced-based nutrition whilst promoting visibility and advancement of the dietetic profession.

2.2 Programme structure and diagram, including delivery schedule

Full-time Programme Structure

Level	Module Code	Module Title	Credit Value	Core/ Option	Delivery
4	NAD408	Professional and Evidence Based Practice	20	Core	Semester 1 and 2
4	NAD402	Introduction to Nutrition	20	Core	Semester 1
4	NAD403	Human Anatomy and Physiology	20	Core	Semester 1 and 2
4	NAD404	Introduction to Dietetic Practice	20	Core	Semester 2
4	NAD405	Introduction to Genetics, Immunology and Biochemistry	20	Core	Semester 1
4	NAD406	Food Science	20	Core	Semester 1 and 2
4	NAD407	Practice Placement 1	0	Core	Semester 1 and 2
5	SCI548	Blood Sciences	20	Core	Semester 1
5	NAD502	Developing Dietetic Practice	20	Core	Semester 1
5	NAD503	Population and Public Health Nutrition	20	Core	Semester 1
5	NAD504	Food, Nutrition and Behaviour	20	Core	Semester 1
5	NAD505	Research Methods	20	Core	Semester 2
5	NAD506	Metabolism	20	Core	Semester 2
5	NAD507	Practice Placement 2	0	Core	Semester 1 and 2
6	NAD601	Research Project	40	Core	Semester 1 and 2
6	NAD602	Advanced Dietetic Practice	40	Core	Semester 1
6	NAD603	Drug interactions in the Human Body	40	Core	Semester 1 and 2
6	NAD604	Practice Placement 3	0	Core	Semester 2

2.3 Programme Learning Outcomes										
No.	Learning Outcome	K	I	S	P	Cert HE (L4)	Dip HE (L5)	Honours (L6) N&D	Honours (L6) NS	Optional Ref (PSRB standards)
1	Broad knowledge and understanding of dietetics and the role of the dietitian	☒	☐	☐	☐	☒	☐	☐	☐	
2	Broad knowledge and understanding of applied nutrition and food	☒	☐	☐	☐	☒	☐	☐	☐	
3	Broad knowledge and understanding of food science, food skills and food systems management	☒	☐	☐	☐	☒	☐	☐	☐	
4	Broad knowledge and understanding of the core science underpinning dietetics	☒	☐	☐	☐	☒	☐	☐	☐	
5	Awareness of sociology and psychology as factors in nutritional health.	☒	☐	☐	☐	☒	☐	☐	☐	
6	Further developed knowledge of dietetics and its position within the health care environment in the UK and worldwide	☒	☐	☐	☐	☐	☒	☐	☐	
7	Understanding of the role of the food environment in relation to dietetic practice.	☒	☐	☐	☐	☐	☒	☐	☐	
8	Develop ability to utilise understanding of food science to assist work in the clinical environment	☒	☐	☐	☐	☐	☒	☐	☐	
9	Develop ability to utilise core scientific knowledge to assist in the dietetic care process	☒	☐	☐	☐	☐	☒	☐	☐	
10	Understanding of the role of society and individual psychology on food choice, health and health outcomes.	☒	☐	☐	☐	☐	☒	☐	☐	
11	Advanced knowledge and understanding of dietetics as a profession, including professional competency in dietetic practice	☒	☐	☐	☐	☐	☐	☒	☐	
12	Ability to utilise information related to food and nutrition in a professional and clinical context, at level of graduate dietitian	☒	☐	☐	☐	☐	☐	☒	☐	
13	Advanced working knowledge of food science and it's place underpinning dietetics.	☒	☐	☐	☐	☐	☐	☒	☐	

2.3 Programme Learning Outcomes										
No.	Learning Outcome	K	I	S	P	Cert HE (L4)	Dip HE (L5)	Honours (L6) N&D	Honours (L6) NS	Optional Ref (PSRB standards)
14	Understanding of the fundamentals of clinical medicine and their association with the profession of dietetics.	☒	☐	☐	☐	☐	☐	☒	☐	
15	Ability to conceptualise information from a social and psychological to inform clinical practice and MDT decision making, at a level of graduate dietitian	☒	☐	☐	☐	☐	☐	☒	☐	
16	Advanced knowledge and understanding of dietetics as a profession	☒	☐	☐	☐	☐	☐	☐	☒	
17	Ability to utilise information related to food and nutrition in a professional and clinical context	☒	☐	☐	☐	☐	☐	☐	☐	
18	Advanced working knowledge of food science and it's place underpinning dietetics.	☒	☐	☐	☐	☐	☐	☐	☒	
19	Critical awareness of the fundamentals of clinical medicine and their association with the profession of dietetics	☒	☐	☐	☐	☐	☐	☐	☒	
20	Ability to conceptualise information from a social and psychological to inform clinical practice and MDT decision making.	☒	☐	☐	☐	☐	☐	☐	☒	
21	Development of basic communication skills required for individual assessment and care planning.	☐	☒	☐	☐	☒	☐	☐	☐	
22	Basic application of the theories, concepts and principles of research and evidence informed practice	☐	☒	☐	☐	☒	☐	☐	☐	
23	Ability to use communication skills to effectively work with varied patient groups and health professionals.	☐	☒	☐	☐	☐	☒	☐	☐	
24	Ability to use key guidelines and research to inform practice, whilst also understanding the limitations of these.	☐	☒	☐	☐	☐	☒	☐	☐	
25	Display advanced communication skills in a multitude of environments, client groups and settings. Achieve level of graduate dietitian.	☐	☒	☐	☐	☐	☐	☒	☐	
26	Evidence of a through working knowledge of appropriate guidelines and evidence relating to all areas of practice.	☐	☒	☐	☐	☐	☐	☒	☐	

2.3 Programme Learning Outcomes										
No.	Learning Outcome	K	I	S	P	Cert HE (L4)	Dip HE (L5)	Honours (L6) N&D	Honours (L6) NS	Optional Ref (PSRB standards)
27	Display advanced communication skills in clinical contexts and scenarios encountered in university training.	☐	☒	☐	☐	☐	☐	☐	☒	
28	Evidence of a through working knowledge of appropriate guidelines and evidence relating to all areas of practice.	☐	☒	☐	☐	☐	☐	☐	☒	
29	Understand the fundamentals of the Model and Process of Dietetic Practice	☐	☐	☒	☐	☒	☐	☐	☐	
30	Demonstrate and apply knowledge of the physical assessment of individuals	☐	☐	☒	☐	☒	☐	☐	☐	
31	Application of nutritional analysis in a range of settings and contexts	☐	☐	☒	☐	☒	☐	☐	☐	
32	Acquire a through working knowledge of the Model and Process of Dietetic Practice and develop experience of using in practice.	☐	☐	☒	☐	☐	☒	☐	☐	
33	Learn and apply more advanced physical assessment techniques, whilst understanding their limitations.	☐	☐	☒	☐	☐	☒	☐	☐	
34	Develop more advanced knowledge of nutritional analysis, including ability to assess dietary data to estimate macronutrient content.	☐	☐	☒	☐	☐	☒	☐	☐	
35	Ability to use the Model and Process in all clinical situations, at level of graduate dietitian	☐	☐	☒	☐	☐	☐	☒	☐	
36	Demonstrable ability in practical use of physical assessment, including interpretation across multiple and varied patient groups.	☐	☐	☒	☐	☐	☐	☒	☐	
37	Demonstrate ability to gather nutritional information and accurately interpret for use in clinical decision making and care planning.	☐	☐	☒	☐	☐	☐	☒	☐	
38	Advanced understanding of the Model and Process in a clinical context	☐	☐	☒	☐	☐	☐	☐	☒	

2.3 Programme Learning Outcomes										
No.	Learning Outcome	K	I	S	P	Cert HE (L4)	Dip HE (L5)	Honours (L6) N&D	Honours (L6) NS	Optional Ref (PSRB standards)
39	Demonstrable ability in practical use of physical assessment, including interpretation across multiple and varied patient groups.	☐	☐	☒	☐	☐	☐	☐	☒	
40	Demonstrate ability to gather nutritional information and accurately interpret for use in clinical decision making and care planning.	☐	☐	☒	☐	☐	☐	☐	☒	
41	Demonstrate an awareness of professionalism and the professional role of a dietitian	☐	☐	☐	☒	☒	☐	☐	☐	
42	Demonstrate an awareness of the importance evidence-based practice and behaviour	☐	☐	☐	☒	☒	☐	☐	☐	
43	Demonstrate an awareness of the fundamentals of safe and ethical practice	☐	☐	☐	☒	☒	☐	☐	☐	
44	Demonstrate an awareness of quality improvement processes in health care	☐	☐	☐	☒	☒	☐	☐	☐	
45	Demonstrate awareness and understanding of the importance of team working, collaboration and leadership	☐	☐	☐	☒	☒	☐	☐	☐	
46	Further display a professional attitude and awareness the role of dietetics in the MDT	☐	☐	☐	☒	☐	☒	☐	☐	
47	Use ability to interpret and understand evidence to inform clinical decision making.	☐	☐	☐	☒	☐	☒	☐	☐	
48	Practical application of safe and ethical practice within the clinical setting.	☐	☐	☐	☒	☐	☒	☐	☐	
49	Understand the role of the dietitian in service design and commissioning of services.	☐	☐	☐	☒	☐	☒	☐	☐	
50	Demonstrate ability to act as a core member of the MDT.	☐	☐	☐	☒	☐	☒	☐	☐	
51	Act and behave in a way consistent with a qualified AHP professional/HCP registered dietitian.	☐	☐	☐	☒	☐	☐	☒	☐	

2.3 Programme Learning Outcomes										
No.	Learning Outcome	K	I	S	P	Cert HE (L4)	Dip HE (L5)	Honours (L6) N&D	Honours (L6) NS	Optional Ref (PSRB standards)
52	Advanced understanding of the importance of evidence in decision making, including ability to recognise gaps in the research where further research is necessary	☐	☐	☐	☒	☐	☐	☒	☐	
53	Demonstrate ability to practice in a safe and ethical way across varied and complex clinical settings.	☐	☐	☐	☒	☐	☐	☒	☐	
54	Demonstrate the capability of contributing to service planning, evaluation and audit in an informed and professional manner.	☐	☐	☐	☒	☐	☐	☒	☐	
55	Act as a core member of the MDT, with ability to act as a responsible representative of the profession.	☐	☐	☐	☒	☐	☐	☒	☐	
56	Act and behave in a way consistent with a clinical health professional	☐	☐	☐	☒	☐	☐	☐	☒	
57	Advanced understanding of the importance of evidence in decision making, including ability to recognise gaps in the research where further research is necessary	☐	☐	☐	☒	☐	☐	☐	☒	
58	Demonstrate understanding of the clinical environment and of the importance of safe and ethical practice	☐	☐	☐	☒	☐	☐	☐	☒	
59	Demonstrate an advanced understanding of research, evaluation and audit in professional settings.	☐	☐	☐	☒	☐	☐	☐	☒	
60	Understand and demonstrate the importance of teamwork and collaboration in professional settings	☐	☐	☐	☒	☐	☐	☐	☒	

Note: K- Knowledge and understanding; I-Intellectual Skills; S-Subject Skills; P-Practical, professional and employability skills

2.4 Learning and teaching strategy

The learning and teaching strategy has been developed in line with WGU's Active Learning Framework (ALF), Strategy for Supporting Student Learning and Achievement (SSSLA), relevant QAA Benchmark Statements, and with consideration of key employability skills and capabilities. It is flexible, engaging, dynamic, responsive and supportive, taking into account the diverse backgrounds of students and the demands of the wider health and social care landscape. Essentially, a 'blended' learning and teaching strategy will be employed whereby students will be required to attend face to face learning opportunities on campus, as well as to complete directed study activities provided virtually.

The programme also recognises the importance of inter-professional learning, and this will be imbedded into the programme. There are modules at all levels where students will be taught alongside students on other health profession programmes (for example, Speech & Language Therapy, Biomedical Science). Additionally, the clinical simulation components will allow for significant inter-professional learning, with the aim to utilise students from different disciplines to maximise the experience - for example nursing students and speech and language therapy students contributing in ward simulations.

Face to Face Learning

Face to face learning will take the form of a range of engaging and interactive sessions, including lectures, seminars, workshops and clinical simulation. The sessions will cover core module content and include individual and group work, drawing upon case studies and problem based learning. Wherever possible, face to face learning will be recorded for students to revisit via the Virtual Learning Environment (VLE).

Virtual Learning

Virtual learning will take place via a range of platforms including the VLE and Microsoft Teams. Asynchronous learning activities will include a range of 'bite-sized' tasks including videos, recorded lectures, quizzes, discussion forums, workbooks, readings, galleries, virtual visits and simulation activities. Synchronous learning activities will involve discussions, case studies, reflections, problem-based learning and simulation, and will wherever appropriate be recorded for students to revisit via the VLE.

Tutorials

Tutorials will take place both face to face and virtually, on a one to one and group basis. Tutorials will take an active and empowering approach, with preparatory tasks and with students encouraged to ask questions, think critically, and take control of their learning.

Dissertation supervision

Supervision will take place both face to face and virtually at scheduled times during the academic year. Data collection may take up to 160 hrs (4 weeks) of during this period you may need to have access to the labs which will be supervised, Structured guidance, and online appointment booking via the VLE will be utilised in order that students make full and active use of their supervision.

2.5 Assessment strategy

The assessment strategy focuses on diversity of assessment method. This is in order to provide opportunity for students to be assessed through different mediums and formats, but also to reflect the ways in which students may work once qualified. For example, report writing is likely to be central to graduates post-qualification, as will the ability to present findings of assessment to other professionals.

2.5 Assessment strategy

The dietetic practice modules will be assessed through a combination of “live” assessment methods, making use (where appropriate) of technology such as video consultations – something seen more frequently in the NHS since the COVID-19 pandemic. The assessment of these will involve a framework of key competencies which the students will be assessed against. Another benefit of this is that it will allow student ability to be assessed in these areas prior to clinical placements at level 5 and 6. There will also be opportunity for students to be assessed in completion of group tasks, again preparing students for the need to work well in a team on clinical placement and once qualified. Technology will also be used in assessment, for example the research Methods module at level 5 will involve an online statistical analysis exam.

2.6 Disclaimer

Throughout quality assurance processes we have ensured that this programme engages with and is aligned to:

- [Academic Regulations](#)
- [The University Skills Framework](#)
- [Welsh Language Policy](#)
- [Equality and Diversity Policy](#)
- [The Student Union offers support for students](#)

Section 3 – Programme set up (office use only)

3.1	Framework	001
3.2	Board dates (progression)	Per Framework
3.3	Cost centre	GADT
3.4	Course type (HESA)	N/A
3.5	Fee model	Standard full time UG
3.6	In-year resits	Yes
3.7	Are any modules taught over either multiple periods or across the HESA year (defined as running 1st August - 31st July)	Yes
3.8	Progression points	Per Framework
3.9	Semesters per intake	6
3.10	Semesters per progression point	2
3.11	Start and end dates	Standard September
3.12	Student funding model	Standard
3.13	Does the Suitability for Practice Procedure apply to the programme?	Yes. The Suitability for Practice Procedure will be followed when concerns arise about a student’s suitability to practise nutrition and dietetics. Suitability is chiefly determined through appraisal of the HCPC Standards of Conduct, Performance and Ethics (2016) and HCPC Standards of Proficiency for Dietitians (2013) at all levels of the programme. Additionally, the BDA’s Code of Conduct (2017) outlines the core principles of professional practice that all members of the dietetic workforce must

Section 3 – Programme set up (office use only)		
		demonstrate to maintain suitability to practice. These include values, practice, knowledge and skills, which are all reflected in the programme curriculum and practice placement learning outcomes. A significant element of this appraisal occurs within practice education, but grounds for concern may also arise during university-based studies. Circumstances may develop at any stage of the programme that deem the student professionally unsuitable to continue his/her studies towards a qualification to practise as a registered dietitian. Under these circumstances, Wrexham University has the following procedures that enable equitable and proportionate disciplinary action to be taken: • Suitability to Practice Procedure • Disciplinary Procedure for Students • Academic Misconduct Procedure Details of these procedures are included in the Wrexham University Academic Regulations Handbook. The Wrexham procedures complement and align with the PSRB requirements of the programme.
3.14	Programme Leader	Vicky Davies / Isabella Nyambayo
3.15	Date of Approval	Validation Event: 14.03.2022 / Academic Board 31.08.2022
3.16	Date and type of Revision	• August 2023 – With effect from Sep 2023 module NAD501 replaced with SCI548 • June 2024 – From Sept 2024 onwards NAD401 Professional Practice replaced with updated module NAD408 Professional and Evidence Based Practice with updated assessment strategy, NAD601 amended module title from Clinical Research Methods to Research Project, NAD603 amended module title from Clinical Medicine to Drug Interaction in the Human Body with updated assessment strategy. • June 2026: AM1 modification to update module hours of NAD507 and to update the delivery semester for module NAD407.